



# Life Course

FOUNDATIONS OF FAITH

Welcome to Foundations of Faith,

Through this course, you will begin to build a strong foundation in your walk with Christ by helping you understand some basic promises God has made to Christians. Our prayer is that by the end of our time together, you will not only be convinced of these truths, but begin to see the reality of these promises played out in your daily life.

We at RVCC are here to help you anyway we can. If you have questions, need to find a good church to be a part of, or need someone to pray with you, don't hesitate to reach out to us.

Live and lead well,

Kevin Moore  
RVCC Director  
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# 1

## Through Christ you are saved.

### What God says about salvation.

And this is the testimony: God has given us eternal life, and this life is in His Son. He who has the Son has life; he who does not have the Son of God does not have life.

I John 5:11-12

### Looking at 1 John 5:11-12

Who gives eternal life?

Where is eternal life found?

Who has eternal life?

Who does not have eternal life?

### Lets dig a little deeper:

1. In John 20:31 why did John say he wrote this book?
2. Look up Romans 5:8. How has God shown his love for you?
3. According to Isaiah 59:2, what are the results of sin?
4. According to Ephesians 2:8-9. Why do our human efforts always fail to reach God?
5. How did John say a person receives the gift of salvation in John 1:12?

6. What did Jesus promise His followers in John 10:27-29

7. Read 2 Corinthians 5:17. What takes place when you becomes a Christian?

**What have you experienced in your life since accepting Jesus?**

\_\_\_ Inner peace

\_\_\_ New awareness of sin

\_\_\_ Victory over sin

\_\_\_ New love for God

\_\_\_ Desire to read the Bible

\_\_\_ Attitude changes

\_\_\_ New concern for others

**Write out 1 John 5:11-12 from memory if possible.**

**Application:**

Meditate on I John 5:11-12 and consider how to apply it to your life.

How do you know that you have eternal life?

Take a few moments and pray thanking God for all He has given you in Jesus Christ.

## 2

### God will answer your prayers.

#### What God says about answered prayer.

Until now you have asked nothing in my name.  
Ask and you will receive, and your joy will be complete.  
John 16:24

#### Looking at John 16:24

What is prayer?

In whose name should you pray?

What results from prayer?

#### Lets dig a little deeper:

1. In Mathew 7:7-8 what does Jesus teach us about prayer?

2. What are some important conditions for answered prayer?

In John 15:7?

In 1 John 5:14-15?

3. In Mathew 7:9-11 what kind of gifts does God give His children?

How do you think God would respond if you asked for something that is not good for you?

4. Read Philippians 4:6-7 and answer the questions below.

What is the wrong reaction to have toward difficult circumstances?

What is the right response?

What is the result of this right response?

5. From Philippians 4:7, what results from peace that comes through prayer?

6. Read Luke 1:13-14. What resulted when Zechariah and Elizabeth prayed for a son?

7. What are some things that hinder our prayers from being answered?

According to James 4:3

According to Psalm 66:18

**Write out John 16:24 preferably from memory.**

**Application:**

**Four important areas of prayer are:**

**The first letters of each of these four words form the word “ACTS”. Use this as a mental guide for a balanced prayer life.**

**A - Adoration**

- is reflecting on God himself. Praise Him for His love, power, and gift of Christ.

**C - Confession**

- is admitting your sins to God. Be honest and humble. Remember He knows you, loves you, and will forgive you when you confess.

**T - Thanksgiving**

- is telling God how grateful you are for everything He has given, even the unpleasant things. Your thankfulness will help you see His purpose.

**S - Supplication**

- is telling God how grateful you are for everything He has given, even the unpleasant things.

### 3

## You have victory over sin.

### What God says about your victory over sin.

No temptation has seized you except for what is common to man. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can stand up under it.

1 Corinthians 10:13

### Lets look at 1 Corinthians 10:13

What is true about every temptation you face?

Who has the ability to give you victory when you are tempted? Does God remove temptation?

What does God do for you?

### Let's dig a little deeper:

1. What is a major source of temptation that James describes in James 1:13-14?

2. Read 1 John 2:15-16. What re three primary areas of temptation?

3. Read 1 Peter 5:8.

What is the Devil seeking to do when he tempt you?

What does this mean to you?

4. What does God do for you, according to 2 Thessalonians 3:3



5. What does Hebrews 4:15 tell you about Jesus Christ?

6. What are some things you can do to keep temptation from leading into sin?

Mathew 6:9-13

Psalm 119:9,11

1 John 5:4-5

Hebrews 4:16

James 4:7

**Write out 1 Corinthians 10:13 preferably from memory:**

**Application:**

What is a temptation that frequently seizes you?

What do you think God's way of escape is?

## 4

### God will forgive you.

#### What God say about forgiveness:

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.

1 John 1:9

#### Looking at 1 John 1:9

What does God want you to do about your sins?

What does it mean to confess your sins?

When God forgives us what two qualities describe Him?

What else does God do when you confess your sins to Him?

#### Let's dig a little deeper:

1. Read I John 1:8,10. What did John say you should recognize about yourself?

2. According to the two verses below, what should be your attitude toward sin?

Psalm 139:23-24

Psalm 38:18

3. What should accompany your confession of sin, according to Proverbs 28:13?

4. Read Psalm 86:5. How is God described?

5. According to Ephesians 1:7, on what basis are you forgiven?

6. What does Hebrews 10:12 say about Christ's sacrifice?

7. Read Hebrews 10:17. Why is it foolish for you to continue to feel guilty about sin?

**Write out 1 John 1:9 preferably from memory:**

**Application:**

Take some time this week to confess your sins to God.

Stand on His promise that He has forgiven you and begin to live in victory through Him.

## 5 God will guide you.

### **What God says about guiding you.**

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways  
acknowledge him, and He will make your paths straight.  
Proverbs 3:5-6

### **Looking at Proverbs 3:5-6**

What three things are you told to do?

When these conditions are met, what are you promised?

### **Let's dig a little deeper:**

1. Read Psalm 32:8. What can you trust God to do for you?
  
  
  
  
  
  
  
  
  
  
2. According to Romans 12:1-2, what steps should be taken to experience God's will? How is God's will described?
  
  
  
  
  
  
  
  
  
  
3. To whom does God promise special blessing in Jeremiah 17:7?
  
  
  
  
  
  
  
  
  
  
4. What warning does God give in Jeremiah 17:5?

5. Read Isaiah 55:8-9. Why should we not limit ourselves to human understanding?

6. What principle, described in John 6:38, did Jesus follow in making decisions?

7. List some of the “ways” of your life in which you need to acknowledge God (for example spending money, your job, leisure time).

8. What ways has God provided for us to determine His will?

Psalms 119:105

1 Corinthians 2:12

9. In James 1:5, what should you do about situations that you don't understand?

**Write out Proverbs 3:5-6 preferably by memory:**

**Application:**

Describe a situation in your life in which you are seeking God's guidance.

List ways that show how you can trust God in this situation.