

Growing a healthy family tree.

Study Guide.

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# Session Three - Branch of time.

## Fill in the blanks.

If you and I want to grow a healthy family tree we need to be ...

1. \_\_\_\_\_ in Christ

2. Have a strong \_\_\_\_\_ of trust.

3. Strong branch of \_\_\_\_\_\_.

\_\_\_\_\_ that is what our family wants from us.

Time is our most prized \_\_\_\_\_.

### **Questions:**

What does family time look like with your family?

What could time look like with your family?

Growing a healthy family tree.

# Session Three - Branch of time.

### Study guide and questions.

#### **Foundational Scriptures**

James 4:14 - Life is like a vapor that appears for a little time, and then vanishes away.

**Deuteronomy 6:6-7** - These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

John 4:14 - And the Word (Jesus) became flesh and dwelt among us ...

### Two tips for quality time.

1 - Ask three questions at least one time per week. (This can be done in the car, at a meal, at bedtime, really anytime)

What is something good / memorable that happened today?

What is something that you learned today?

What are you looking forward to or nervous about tomorrow?

2 - Pray together before going to bed.

#### **Questions:**

What do you like to do?

What does your spouse like to do?

What do your kids like to do?

How often do you get away as a family?

What does meal time look like for your family? What could it look like?

What is something small you could do daily or weekly that would make a huge impact?