



**Growing a healthy family tree.**

Study Guide.

Growing a healthy family tree.

## **Session Two - Trunk of trust.**

### **Fill in the blanks**

In order to grow a healthy family tree you have to have the \_\_\_\_\_ of Trust.

If the trunk is not \_\_\_\_\_ and healthy the tree will not get the nourishment it needs.

The foundation of every family is \_\_\_\_\_.

Luke 6:38 - Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”

This passage is not about money it is talking about interpersonal relationships.

Whatever I \_\_\_\_\_ to you, I am going to get back.

Whatever I give is what I \_\_\_\_\_.

If you want a family that has high trust, then you need to be \_\_\_\_\_.

### **How trustworthy are you?**

No one expects you to be perfect but everyone expects you to be \_\_\_\_\_.

### **Many times are say and do can easily get separated.**

When we don't do what we say, we \_\_\_\_\_ a little bit of trust

### **Where do you need to improve in being trustworthy?**

Growing a healthy family tree.

## **Session Two - Trunk of trust.**

### **Study guide and questions.**

#### **Foundational Scriptures:**

##### **Proverbs 10:9**

He who walks with integrity walks securely, But he who perverts his ways will become known.

**Titus 2:7** - Show yourself in all respects to be a model of good works, and in your teaching show integrity, dignity,

**Ephesians 4:25** - Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

**Philippians 2:3** - Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves.

#### **Questions:**

Who do you know or known that you had a high regard for and trusted completely?

What were they like? What was it that made you trust them?

What characteristics do you have that are good and trustworthy?

What are some things you do that undermine your authority at times?

If your “say” and “do” were chairs, how close or far apart from each other would they be?

Do you tend to over promise an under deliver or under promise and over deliver?